# 2019 Summer Volleyball Camp

#### **Boys and Girls Volleyball Camp**

This camp is for girls planning to tryout for junior varsity and varsity volleyball in the fall and for Girls and Boys for middle school.

In addition to skill training, special emphasis will be placed on offensive and defensive systems.

Highly suggested for girls intending to tryout for a middle school and high school team.

Players should expect to have fun while developing volleyball skills, regardless of experience. Individual and team concepts will be stressed and developed by the OHS coaching staff. Skills will range from general to advanced, including basic volleyball techniques (serving, passing, setting, attacking, blocking), conditioning, agility drills, offensive play, defensive play, and team concepts.



Participants need to bring water, kneepads, and appropriate volleyball attire for competition. All camps include a free T-shirt. Please fill out a registration form for each athlete. Please email Coach Mani if you have any questions. coachmani2014@gmail.com

CAMP LOCATION

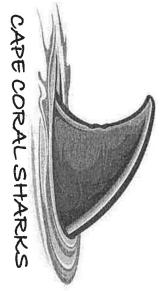
The camp will be held in the Shark Tank gym on the Oasis High School campus.

VOLLEYBALL
Boys and Girls Camp

June 10 - 14

High School
9:00 AM to 12:00 PM
Middle School
1:00pm to 4:00pm

Spaces are limited
Reserve your spot \$25.00
Camp is \$200 p/p
Siblings are \$150 ea.



### Coaching Staff The camp will be directed by

Coach Mani (Manuel Llaneza)
Oasis Volleyball Head Coach
Coach Thais Baziquetto
FSW Volleyball Head Coach

Questions: 239-281-7802 coachmani2014@gmail.com



## CUT OFF PORTION TO TURN IN

Mail or give completed applications and payment to:
Cape Coral Sharks
P.O. Box 150580,
Cape Coral, Florida 33915

All checks should be made out to Cape Coral Sharks

#### WAIVER

(Must be completed by parent or legal guardian)

In the event that my child is injured or becomes ill while attending the 201 Summer Volleyball Camp, I give my permission for the staff to seek medical attention if deemed necessary under the existing conditions. I release Oasis High School and the coaching staff from any claims from injuries sustained during the camp. I also certify that my child is in good physical health and that he/she will notify staff members of any conditions that may impair his/her ability to participate in all camp activities.

Сіў:Zip:	Address:	Age: Fall 2019 Grade:	(Please Print) Camper's name:	CAMP APPLICATION Circle T-shirt size: YL S M L X	Emergency Contact Number:	Parent's signature:	Palent S hame:
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